WHAT IS CLAIMED IS:

1. A plasma processing method for etching a sample having a gate oxide film, comprising the steps of:

generating a plasma in a vacuum chamber using electromagnetic waves; applying an rf bias power to the sample;

turning off the rf bias power before a charged voltage of the sample reaches a breakdown voltage of the gate oxide film;

turning on the rf bias power after the charged voltage of the sample has substantially dropped; and

repeating the turning on and off of the rf bias power to process the sample; wherein the off-time is set at least longer than the on-time, and the plasma is generated by continuously supplying power to enable generation of the plasma during the repeated turning on and off of the rf bias power.

- 2. A plasma processing method according to claim 1, wherein the offtime is set at a value which is at least twice the on-time.
- 3. A plasma processing method according to claim 1, wherein the ontime of the rf bias power to be applied to the sample is set at no greater than 60 to 120 μ s.
- 4. A plasma processing method according to claim 2, wherein the ontime of the rf bias power to be applied to the sample is set at no greater than 30 to 60 µs.